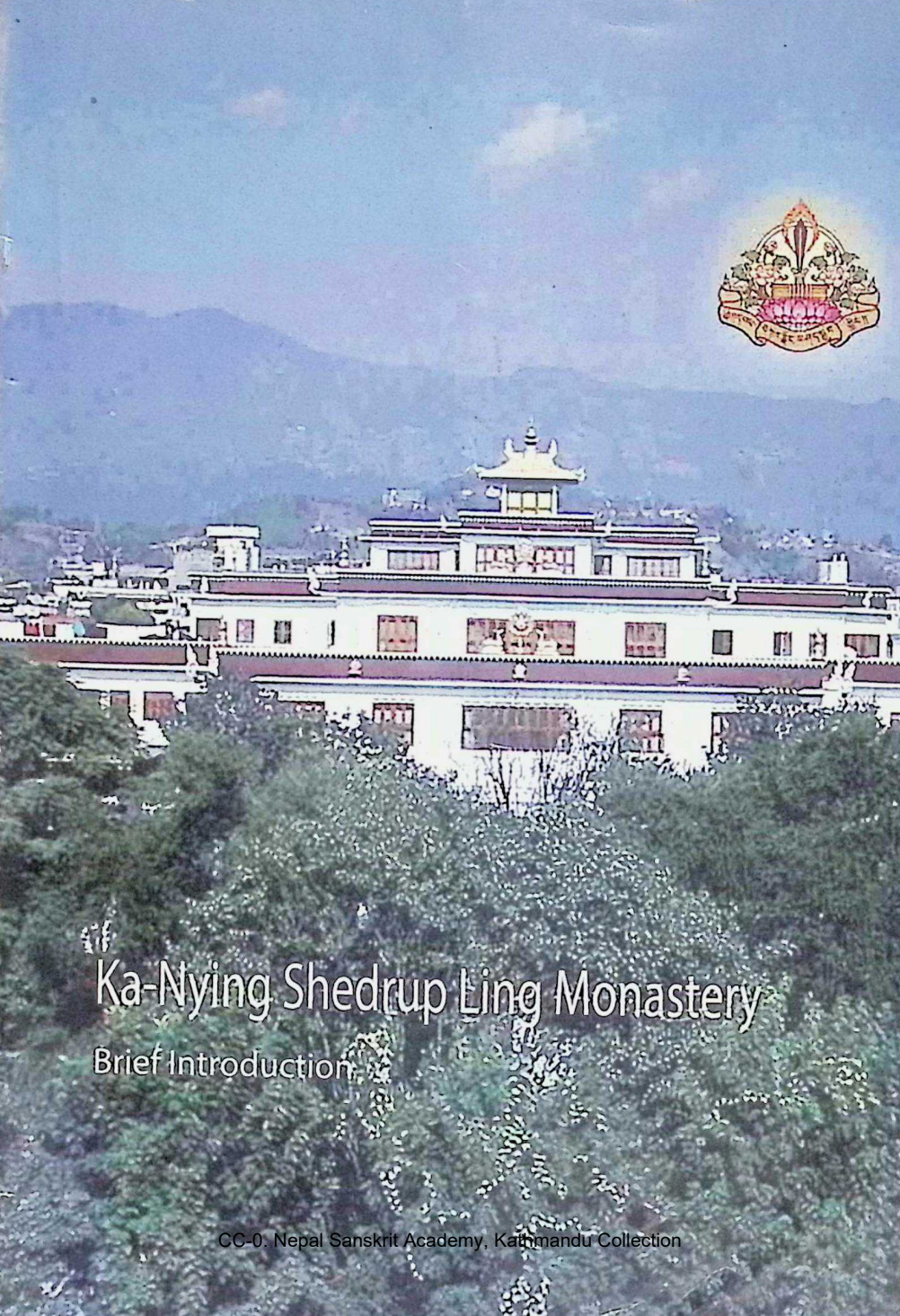

Ka-Nying Shedrup Ling Monastery

Brief Introduction

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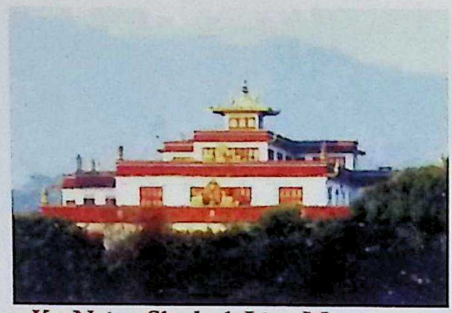


Ka-Nying Shedrub Ling Monastery

(Seto Gumba)

Following both the Kagyu and the Nyingma traditions

About Gompa - Monastery or Vihara

Gompa and Ling are ecclesiastical fortifications of Learning, Lineage and Sadhana. Such Dharma Institutions are originally found in Tibet Ladakh Nepal and Bhutan. Their design and interior details vary from region to region, however all follow a sacred geometrical mandala design containing a central shrine hall which houses statues of Buddha and Boddhisattvas and Thankas. The Shrine Hall includes several religious artifacts and chairs benches for Guru Monk and Nuns to engage in prayer recitation/ meditation.

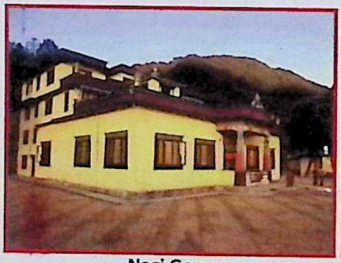
The architectural construction of monastery buildings and grounds are all said to be founded on the ancient principles of geodesic lore and environmental metaphysics.

Built by Tulku Urgyen Rinpoche and consecrated by the 16th Karmapa in the presence of Late King Birendra with an aim to establish human welfare and world peace, the Ka-Nying Shedrub Ling Monastery has been a place of spiritual inspiraton and traditional education for over forty years. Many of the greatest masters of our time have given teachings and empowerments in its main shrine hall and the monastery has served as home for the students of Rangjung Yeshe Institute since its establishment in 1997

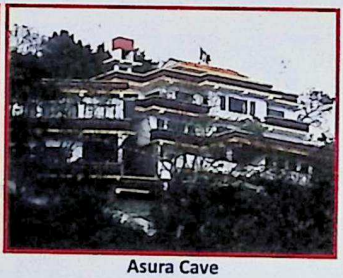
Ka-Nying Shedrub Ling Monastery is home to more than 200 monks ranging in age from 8 to 80, and is the residence of several Incarnate Lamas.

Over the years, thousands of people have visited this Monastery and immersed themselves in the Dharma.

Today Ka-Nying Shedrup Ling Monastery is headed by the two eldest sons of Tulku Urgyen Rinpoche. Ven. Chokyi Nyima Rinpoche is Abbot of the monastery who looks after a wide range of activities both locally and abroad. Guru Chokling Rinpoche is the Vajra Master who presides over religious ceremonies of the monastery. Guru Chokling Rinpoche is the father of two reincarnate lamas - Phakchok Rinpoche and Dilgo Khyentse Yangsi Rinpoche.



Nagi Gompa



Asura Cave

Nagi Gompa Retreat Centre in the Shivapuri hills, Asura Cave Retreat Centre in Pharping and Ka-Nying Shedrub Ling Monastery in Boudha have become seeds from which Dharma has flowed to each and every corner of the world.

Ka-Nying Shedrup Ling Monastery exists within the perimeters of Boudha Nath Maha Stupa. In its neighboring area there are about 20 major monasteries of the four traditions: Nyingma, Gelug, Shakya and Kagyu.

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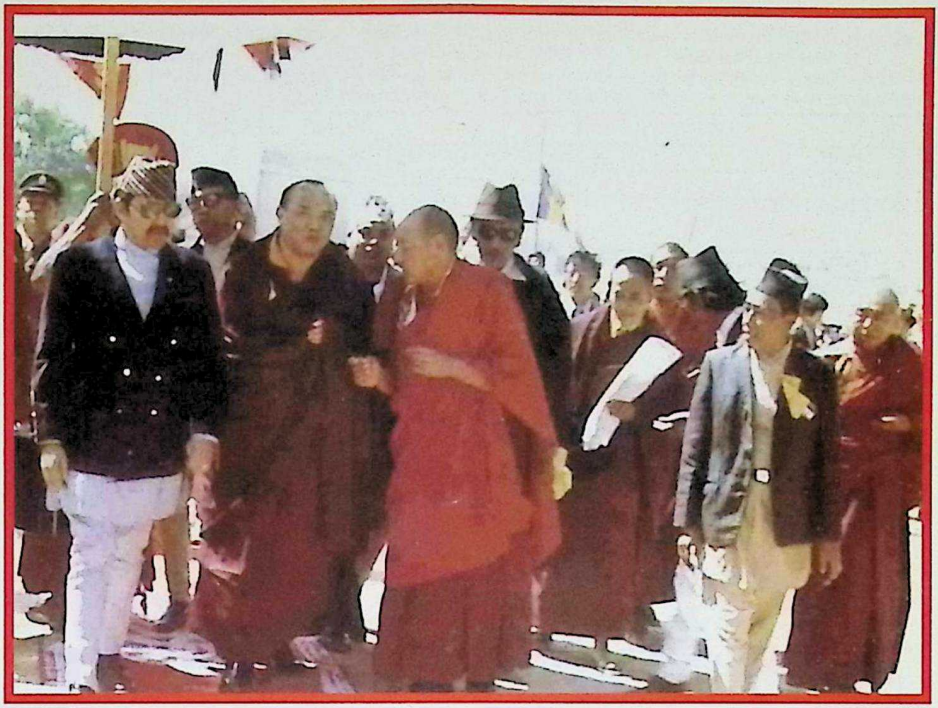
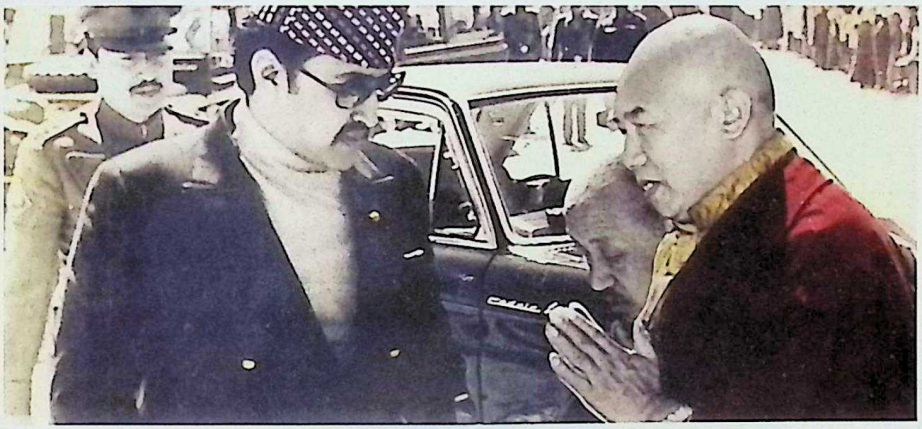


16th Gyalwa Karmapa Guru, late King Birendra Bir Bikram Shah Dev, Guru Kusho Chechu Rinpoche and Tulku Urgyen Rinpoche during the inauguration of the Monastery-Seto Gumba 1976



King Birendra with Guru Tulku Urgyen Rinpoche during opening ceremony of the Seto Gumba (1976)

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Worship - Puja Schedule

Worship - Puja is the heart of the Religious society. Pujas are ceremonies of prayers and rituals performed in the monastery shrine hall for the welfare of all sentient beings and world peace. Worship - Puja may have many forms alone or in company reciting holy texts with instrumental rhythm.

SN	DATE	PUJA'S DETAILS
1	JAN.	SIDOK RAKSHA THOTHRENG PUJA
2	JAN.	NGAKSO SHITHRO DRUPCHEN (NAGI GOMPA)
3	FEB.	KYABJE TULKU URGYEN RINPOCHE'S ANNIVERSARY (SHITHRO NGAKSO PUJA
4	FEB.	VAJRA KILAYA (GOTUR PU
5	FEB.	BLACK HAT LAMA DANCING (8:30 AM-5 PM)
6	FEB.	SANG PUJA
7	FEB.	LOSAR-2143-NEW YEAR'S CELEBRATION
8	FEB.	TSEKAR WHITE AMITAYUS DRUPCHEN (9 DAYS 9 NIGHTS)
9	FEB.	WANG (EMPOWERMENT) FROM 7:00 AM
10	MAR.	NGAKSO SAMAYA MENDING DRUPCHEN (9 DAYS 9 NIGHTS)
11	MAR.	WANG (EMPOWERMENT) FROM 7:00 AM
12	MAY	RECITING THE COLLECED WORDS OF THE BUDDHA (KAGYUR)
13	MAY	TUKJE CHENPO PEMA GARWANG (AVALOKITESHOR) PUJA
14	MAY	RINCHEN TRENGWA CHO PUJA
15	JUNE	MIPHAN RINPOCHE'S ANNIVERSERY TUKRUB MAWEY SENGE PUJA FOR KUNHEYN
16	JULY	KUSUM RIGDU PUJA FOR CHOKGYUR LINGPA'S ANNIVERSERY
17	JULY	TUKDRUP TRINLEY GYEPA
18	AUGUST	TUKDRUB SAMPA GYEPA
19	AUGUST	YARNEY MONASTIC SUMMER RETREAT
20	SEPT.	KAGYU GURTSO (COLLECTED SONGS OF KAGYYU GURUS)
21	OCT.	SHITRO NARAK DONGTRUK PUJA
22	NOV.	TUKDRUB GONGPA KUNDU

SCHEDULE OF THE MONTHLY PUJAS

SN	FULL MOON	PUJA'S DETAILS
1	MEDICINE BUDDHA DAY	LAMA NORLHA (WEALTH PUJA)
2	PADMASAMBHAVA PUJA	GURU RINPOCHE'S PUJA
3	FULL MOON	FIVE BUDDHA'S APARAMITA PUJA (TSEKAR)

SN	HALF MOON	PUJA'S DETAILS
1	DAKINI DAY MAHAKALA DAY/DHARMAPALA PUJA	DAKINI (PEMA KHANDRO) KURUKULLE PUJA/FIRE PUJA
2	SHAKYAMUNI BUDDHA DAY	DHARMAPALA PUJA (NGODUP GYATSO) SHITHRO NGAKSO PUJA
3	SHAKYAMUNI BUDDHA DAY	SHITHRO NGAKSO PUJA

Shrine Hall During Puja Ceremony

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Lay people are welcome to come to the monastery office to sponsor several types of puja including:

1) In memory of the deceased
2) To purify negativity
3) To accumulate merit for success

During Puja ceremonies in the Shrine Hall visitors are welcome to sit inside or outside, either as an onlooker or as a participant.

The Shrine Hall with sacred objects is filled with representations of enlightened body, speech and mind.

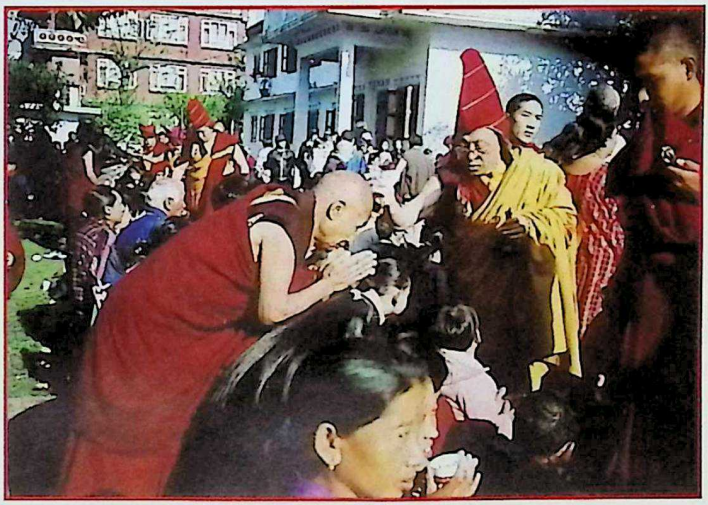
1) A statue of the Buddha is placed representing body
2) Sacred Texts are placed representing speech
3) A miniature stupa is placed representing mind

Listed below are a few guidelines to help visitors feel more comfortable and confident in the Monastery

Respect and Politeness are a basic rule in dealing with religious personages, places and situations.

When visiting a high Lama or Rinpoche, visitors are asked to follow traditional customs and protocols.

Ven. Chokyi Nima Rinpoche is happy to receive visitors in his private room during morning hours when available.



Rinpoches and Incarnate Lamas confering wang (Empowerment) to the devotees gathered at the end of Drupchen Puja

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Why Have an altar ?

A Buddhist devotee keeps a proper altar at the place where he or she lives. A proper altar holds images or representations of the Buddha's enlightened body, speech and mind which serve as reminders of the goal of Buddhist practice to develop these qualities in oneself so as to be able to fully benefit all sentient beings. Other images of Bodhisattvas, Guardians and Deities may surround around the altar if the space is available.

Where to place the altar

The best place for an altar is in a separate shrine room, but if you live in a small place, any room can be used for worship. The size of the altar is not important but it should be in a clean and respectful place. The altar should either on a separate shelf or on a table set aside.

The objects represent Three Jewels: Buddha-Statue, Dhamma-Scripture, Sangha-Stupa.

It is important to keep in mind that the objects on the altar serve as a means for directing one's mind to the qualities so as to cultivate them for other's benefit.

In maintaining an altar one is trying to cultivate the Buddha's enlightened body, his enlightened speech and his enlightened mind. By remembering those qualities and aspiring to develop them one reduces the negative qualities of attachment, hatred and ignorance and increases positive qualities like faith respect and devotion.

In the Tibetan Buddhist tradition it is customery to offer seven bowels of water

1. **Bowl of water purity of mind**
2. **Bowl of water - purity of body**
3. **Bowl of flowers - for beauty of sight**
4. **Bowl of incense - beauty of Dharma's pervasiveness.**
5. **Bowl of butter lamp - beauty of illumination.**
6. **Bowl of pure water - for washing body**
7. **Bowl of rice - for mouth gratitude**

The purpose of offerings is to accumulate merit and in particular to develop and increase the mind of generosity. Lamps or Candles symbolize wisdom eliminating the darkness of ignorance.

Dedication

Dedication is crucial because it ensures that goodness is not exhausted but keeps multiplying. It is excellent to dedicate the merit of making offerings to the elimination of sufferings and its causes for all beings to their achievement of lasting happiness and to World Peace.

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About the Centre for Buddhist Studies

Originally envisioned by Tulku Urgyen Rinpoche and founded by Chokyi Nyima Rinpoche Rangjung Yeshe Institute - An International degree granting Institute affiliated with Kathmandu University has been conducting with the study programs and hosting yearly seminars on different topics for more than twenty years.

This centre offeres academic programs leading to BA, MA and PhD degrees in Buddhist studies and provides research facilities for International Scholars of Buddhism.

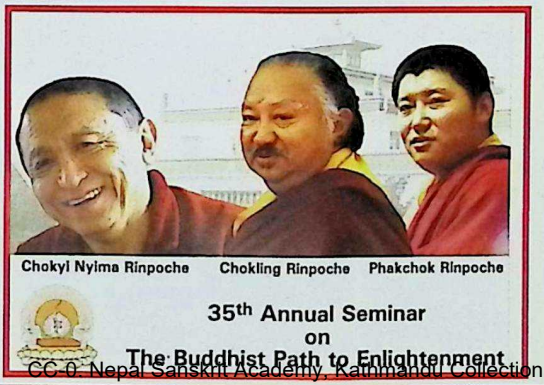
Today it is among the leading Educational Institutions in Asia offering a full range of intensive language courses in Tibetan, Sanskrit and Nepali. A hallmark of Ranjung Yeshe Institute has been its ability to combine its traditional Buddhist monastic learning with crucial aspects of modern academic scholarship in the area of Buddhist philosophy. The faculty at the Centre for Buddhist studies comprises scholars from both of these traditions, thus providing a unique environment for advanced learning. Classess are held within the monastery complex.

This past year Ryi students attended the graduation convocation at Kathmandu University - Dhulikhel. At the start of the ceremony Mr. K. P. Oli Nepal's Former Prime Minister as the Key note speaker and the procession of robed scholars were heralded with musical trumpets and drums. After Prime Minister welcome speech the handing out of diploma certificates began.

For application and further information
See www.ryi.org

Students of Kathmandu University Centre for Buddhist Studies at Rangjung Yeshe Institute.

Faculty Members



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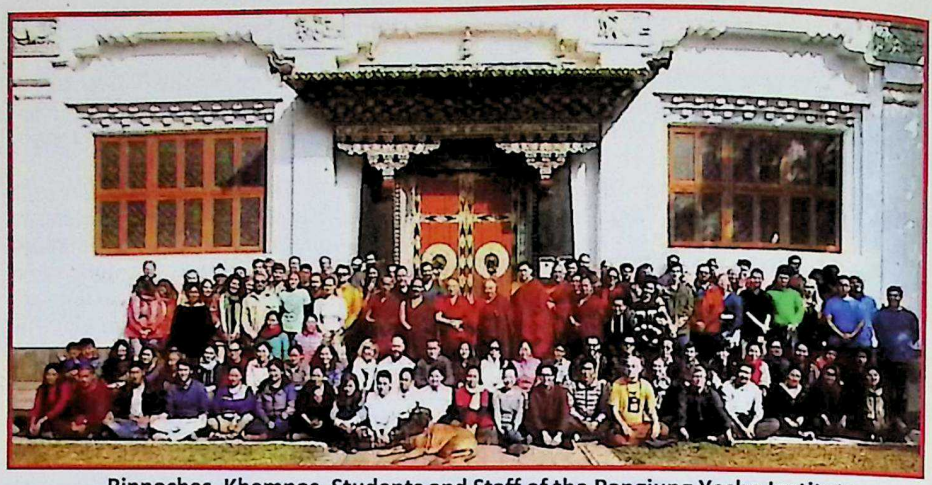

Rinpoches, Khempos, Students and Staff of the Rangjung Yeshe Institute

Online Learning

As a service for those who are unable to study in Nepal, Rangjung Yeshe Institute offers online courses covering the foundations of Buddhism to the students anywhere in the world.

Online teachings and practice programs from the Monastery's teachers are available at

www.dharmasun.org and http://ryi.org/online-learning

Books - Dharma Literature

A complete catalog of books in the Library is available to browse in the faculty office and a digital copy is available upon request. You can use these to locate the text you wish to browse. Simply Email: **library@ryi.org** and include the title/author of the text in the message.

Retreat

Students who wish to spend their school breaks in meditation and contemplation in a peaceful setting may do so at one of the monastery's two retreat centers for either short or long periods. Students can stay at Asura Cave in Pharping located on the Southern rim of the Kathmandu Valley or at Nagi Gompa, a nunnery nestled on the slopes of Shivapuri Hills.

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Pilgrimage

For students who wish to experience the rich and ancient culture of Buddhism there is a wealth of sacred and historical monuments in the Kathmandu Valley.

Beyond the valley are the four main Centers of Buddhist pilgrimage

Lumbini - Buddha's birth place centre in Rupandehi District Southern Nepal.
Bodhgaya - World Enlightenment Center in Bihar State.
Sarnath - Dharma Chakra Maha Prabartana Center in Varanasi-UP.
Kushinagar - Maha Parinirvana Center near Gorakhpur UP.

All are easily accessible and can be reached overland during holidays.

Gomde Centres

Rinpoche's Buddhist Centers abroad are named Rangjung Yeshe Gomde. These Centers have been developing during the last fifteen years to create a worldwide community for the study and practice of Buddhism.

In the modern world the effective teaching of Buddhist contemplative wisdom has become more and more necessary. It is therefore hoped that anyone with genuine motivation irrespective of their financial means will be able to come to a Gomde Centre to learn about the study and practice of Buddhism.

Gomde -Denmark in Knebel
www.gomde.dk

Gomde - Russia Ukraine
in Moscow
www.rangjungyeshe.ru

Gomde - Scotland
in Hardmuir Woodland
www.gomdescotland.org

Gomde -California
in Leggett
www.gomdeusa.org

Gomde -Germany Austria
in Scharnstien
www.gomde.at

Gomde - England
in Lindholme
www.gomde.org.uk

Gomde Malaysia,
in Kuala Lumpur
www.ka-nyingling.com

Monastery's Young Monks

Ka-Nying Shedrup Ling monastery is home to more than 200 novice monks, the future upholders of the monastic tradition. They receive a diversified training offered by many revered teachers in reading and writing, Mathematics, History Sanskrit, English and the memorization of Buddhist scripture. Senior Monks teach them the practice of meditation, ritual arts and the ancient scriptures.

Novice monks standing in procession line during an annual prayer

Five novice monks relaxing between classes

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Mahayana with Theravada

Guru Chokyi Nyima Rinpoche, Sangha Nayka Dr. Gyan Punika Mahasthabir and Mr. Prakashman Singh Ex-Deputy Prime Minister - Member of Parliament as Chief Guest attending the closing ceremony of 10 days meditation retreat organised by Visho Shanti Vihara - Naya Baneshwor to mark 78th Birthday celebration of Bhikkhu Gyana Punika Bhante.

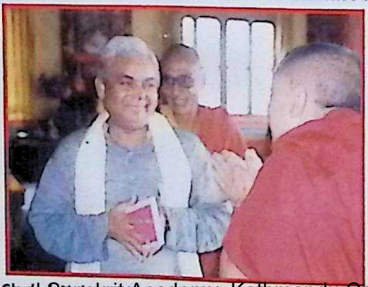
People to People Contact

Guru Chokyi Nyima Rinpoche with Former President of India APJ Abdul Kalam

Guru Chokyi Nyima Rinpoche with the 13th President of India Shri Pranab Mukherjee

Guru Chokyi Nyima Rinpoche with Former Nepalese Prime Minister Shri Babu Ram Bhattarai

Guru Chokyi Nyima Rinpoche guarded by Nepalese Police and Army Officers on Get - Together - Programme during Indian President's visit to Nepal.



Guru Nepal Sanskrit Academy, Kathmandu Collection with Shri Mahanta Thakur

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Sacred Dance
at Seto Gumba

Black Hat Dancer

Wrathful mask dancers in the form of protective deity
A ritual holy dance which helps pacify obstacles

Religion is a force for good in the world

Philanthropy

Rangjung Yeshe Shenpen, an organization based in the Monastery, is engaged in virtuous activity and is offering financial assistance to the poor and provides support in the following areas:

Shenpen Education

Shenpen Street Children

Shenpen Animal Clinic

Shenpen, is a non profit social work organization founded by Ven. Chokyi Nyima Rinpoche to serve the local community. The organization's vision is that all poor and disadvantaged people of Nepal enjoy good health and sound education and are able to meet their spiritual potential.

To work towards this vision Rangjung Yeshe Shenpen keeps working with the help of its supporters from all over the world funds and various local charities around Kathmandu Valley. Its ethos is based on the principles of compassion, generosity, diligence and humility in thought and action. Through the help of our supporters, we are able to benefit others.

To replenish supplies, RYI collaborated with the Nepal Red Cross Society for blood donation drive in Boudha. Many RYI students came out to support the event, and the monks also came to donate and support others in doing so.

We welcome you to join our efforts to serve the underserved and become a friend of Shenpen. Please visit: **www.shenpennepal.org**

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Guru Chokyi Nyima Rinpoche

Dharma Work

Besides being engaged in the Dharma work of Ka-Nying Shedrup Ling Monastery, Rangjung Yeshe Institute, Asura Cave in Pharping, Nagi Gumba in Shivapuri Hill - Pal Thubten Shedrub Ling Monastery in Lumbini, Hetanda Gumba in Makawanpur District and Sirubari Gumba in Nuwakot District, Guru Chokyi Nyima Rinpoche makes yearly routine visits to Gomde Centers around the world.

Saturday Dharma Talk

Whenever Ven. Guru Chokyi Nyima Rinpoche is available, he offers Dharma Talks on the basics of Buddhism in the Monastery Shrine Hall at 11:00 - 12:30 PM Saturdays. If you missed a Saturdays Dharma Talks just visit www.dharmasun.org and download the audio or view the streamed video on line. With his concise and lucid presentation he imparts the very heart of the Buddhist teachings. Anybody interested is welcome to join these Dharma talks which are given in both Tibetan and English with occasional Nepali.

Rinpoche's teachings are not only inspirational, practical and evocative, they are also full of compassion and suitable for daily life application.

For advanced notification of Saturday Talks, please check.

The Dharmachakra Translation Committee

Founded by Chokyi Nyima Rinpoche in 2006, the Dharmachakra Translation Committee (DTC) was established to coordinate the translation efforts of a growing number of skilled translators emerging fom the international study program at Rangjung Yeshe Institute. Since then, the committee expanded organically and todayconsists of a talented group of translators, editors, and graphic artists committed to the task of translating the Buddhist classics into English and other languages.

DTC is presently working on a number of translations of important scriptures containing the Buddha's words as they are expressed in the sutras and tantras, as well as pivotal Indian and Tibetan commentaries on these texts. To date, the committee has completed translations of more than 6,000 Tibetan pages from over thirty sutras and tantras and more than twenty treatises by Tibetan masters.

Our Translator Training program is an intensive one year course that gives students the language background and practical training for the oral translation of basic Buddhist Teachings.

We offer the program for students with one year's prior study of spoken and classical Tibetan.

Dharma Gyan Vidyalaya

The Ka-Nying Shedrub Ling Monastery has established Dharma Gyan Vidyalaya to offer free classes to those participants in reciting the prayer text in Tibetan and their meaning will be explained in Nepali. The three months class introducing the main points of Buddha's teachings is conducted each year in the evening for about three hours at the time of summer season. Those interested are required to keep in touch with the monastery's office prior to the beginng of Vidyalaya program.

It is the opinion of Guru Chokyi Nyima Rinpoche and the Monastery Lamas that it would be deeply regrettabe if the people of the land in which shakymuni Buddha is born, should not have a basic knowledge of Buddha's teachings.

It is our hope that through the study in Dharma Gyan Vidyalaya the participants will be able to gain the ability to know something about the Buddha Dharma with its teachings and read the Holy texts. They will also know to perform the traditional rituals and more over become knowledgable practitioners of the Buddha Dharma.

These classes performed by the Dharma Gyan Vidyalaya will be taken for those who can not read Tibetan Language. They will be tought to read and write the alphabet with basic pronounciation.

The monastery's Khempos will also provide a basic introduction to the view, practice, and meditation with Buddhism. A ritual Sadhana will also be chosen regarding the ritual performance, offerings and recitation.

If a minimum of ten people have an interest in learning a specific collection special extra session may be may be arranged.

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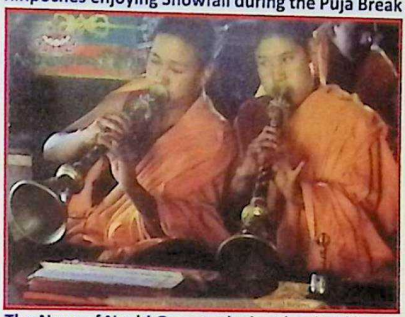
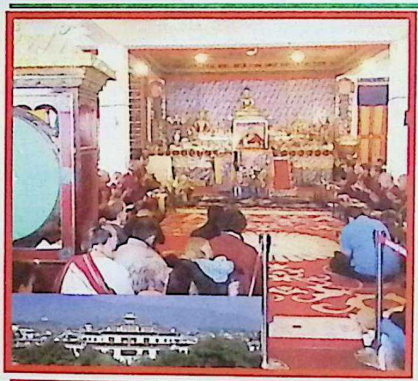
Monks wearing the complete set of formal monk robes and hat in a procession for an annual Drupchen Ceremony

Rinpoches enjoying Snowfall during the Puja Break

Nuns in Nagi Gonpa's Shrine Hall wearing special costumes while holding incense and censer



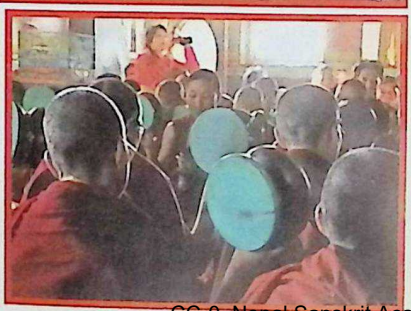
The Nuns of Naghi Gompa playing the ritual horns.



In this Shrine Hall of Ka-Nying Shedrup Ling Monastery the fourth incarnation of the great treasure revealer our Gracious Kyabje Chokling Rinpoche bestowing the complete empowerments to all Tulkus, Lamas, Khempos of the Monastery on a week long program for the accomplishment of heart dispeller of all obstacles which forms the initial cycle within Chokgyur Lingpa profound dharma treasury.

These dharma activities are based on fortunate and auspicious circumstances in accord with the guiding instruction of Kyabje Chokyi Nyima Rinpoche.

This program which began from Nov. 23 – 2016 until Dec. 3 – 2016 drew thousands of monks, nuns and of Lay devotees.



"Cho" Practice involues mentally offering one's body as an act to relinquish our attachment to the body that we cherish so greatly

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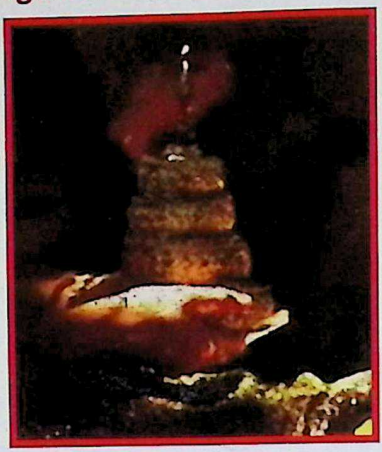
One Month Ngondro Intensive Preliminary Practice



This programme takes place every year in the Shrine Hall of the Monastery (Seto Gumba) Boudha Phulbari at the time of winter season.

One month Ngondro Practice Programme has been established in accordance with the wishes of Guru Chokyi Nyima Rinpoche. It has been running for the last three years. Anybody interested is welcome to participate in this programme which begins right from early morning till the evening. He is required to contact the Monastery office well in advance before the Ngondro starts.

Breakfast, lunch and light tea refreshment in the afternoon are arranged in the Monastery. It is highly appreciated if some one offers financial donation for food he becomes fortunate to gain merit out of this generous act.

Prior to the "Ngondro" practice, Empowerment (Wang) is offered to the Ngondro practitioners with the instruction guidelines from the Guru Rinpoche.

Practicing the Ngondro creates the necessary conditions for development to purify the obscuration of body, speech and mind. This practice contains essential guidelines and instructions.

The practitioner gains merit through this Dhamma practice and cultivates generosity and finally recognises the inate nature throush the profound path of Guru Yoga.

Having completed the Ngondro one should begin to learn the key points of practice and engage in the practice of the three roots:

(1) The Guru, the root of all blessings;
(2) The Yidam, the root of accomplishment
(3) The Dakini, the root of activities.

These are the three main objects that are tought in the Bajrayana where the three jewels explained.

(1) Guru is seen as the Buddha
(2) Yidam is seen as the Dharma
(3) Dakini is seen as the Sangha.

These three roots are the basic requirements for the positive accumulation which need to continue untill enlightenment.

Sadhana Ritual Course

Once in a year Sadhana Ritual Course is conducted by the Monastery. Courses will focus on the preliminary practises taken from the Chokling New Treasures - Chokling Tersar.

The main points of practises as well as the ritual tradition of chant melodies, mudras, torma, shrine engagement, musical instruments and more will be taught in Tibetan by Lama Guru of the Kanying Shderaup Ling Monastery and translated into English. The objective is for non Tibetan practioners to the able to learn and practice the Vajrayana ritual tradition in a genuine way.

All three courses focus on Guru Rinpoche Practice.

1. Preliminary practices of the Guru's heart - Dispeller of all obstacles
2. The essence of activity
3. Spontaneous fulfiller of all wishes

Empowerment and reading transmission will be given at the beginning of the courses by Lama Guru

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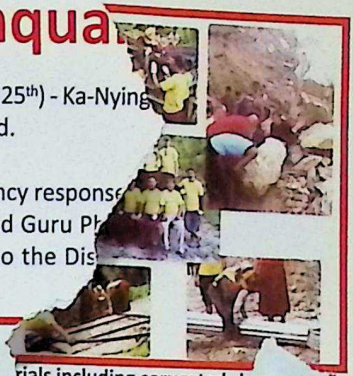
Nepal Earthqua



Immediately following the quake (2015 April 25th) - Ka-Nying opened its gate to all those seeking shelter and food.

Once the camps were established, emergency response Volunteers led by Guru Chokyi Nyima Rinpoche and Guru Ph carry food medical supplies by the relief convoy to the Dis percent of the buildings had been destroyed.

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Shenpen

100 Da
Shenpen Earthquake Relief

in the first 100 days...

- Over 6,000 people have been assisted in earthquake relief efforts by Shenpen
- More than 30 areas have been offered relief including remote areas like Rasuwa and Solu Khumbu
- $25,000 has been spent on food supplies
- More than 1,200 tarps have been distributed
- About 8,000 tin sheets have been distributed

Nepal was hit by a 7-8 Magnitude Earthquake that triggered a series of tremors in many Districts across the mountain region.

Numerous aftershocks occured. Tragically over 9000 people lost their lives. More than half a million houses were destroyed.

Prime Minister Earthquake Relief Fund

Guru Chokyi Nyima Rinpoche went to Baluwatar to deliver a Check of 25 Lakhs to the former Prime Minister Mr. Sushil Koirala for Prime Minister Earthquake Relief Fund.

Relief work was made possible by the extraordinary generosity of people and supporters who donated freely through Shenpen Shedrup Development fund and Chokgyur Lingpa Foundation.

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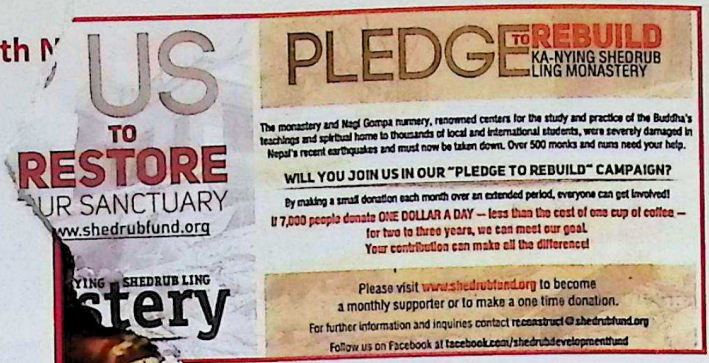
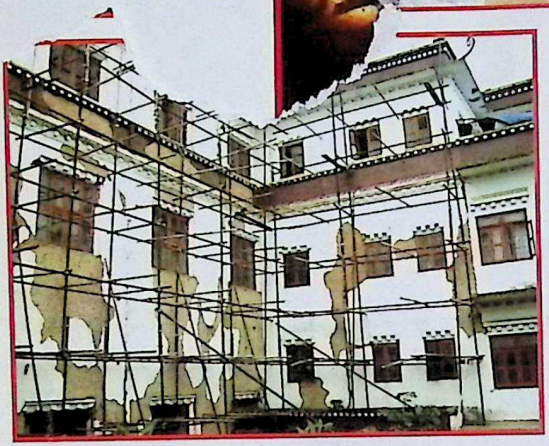
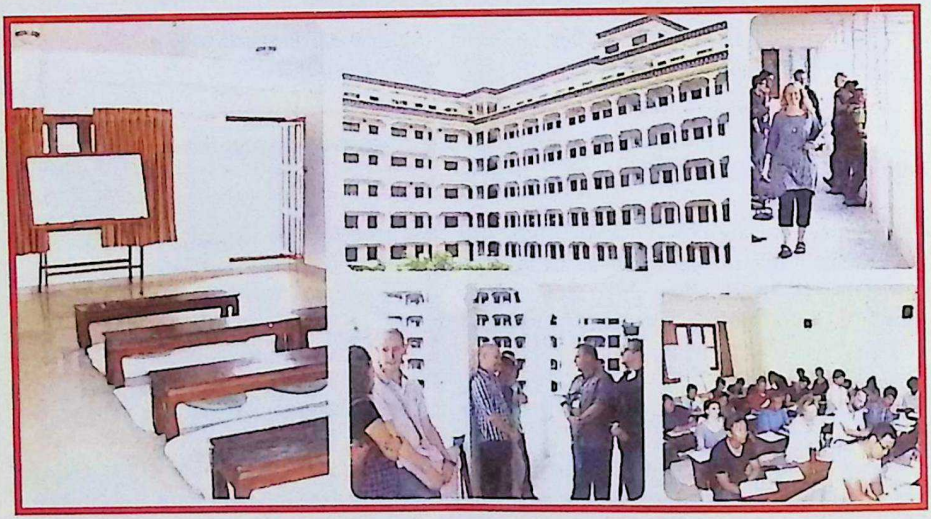

US
TO
RESTORE
UR SANCTUARY
ww.shedrubfund.org
YING SHEDRUB LING
stery
PLEDGE TO REBUILD
KA-NYING SHEDRUB LING MONASTERY
The monastery and Nagi Gompa nunnery, renowned centers for the study and practice of the Buddha's teachings and spiritual home to thousands of local and international students, were severely damaged in Nepal's recent earthquakes and must now be taken down. Over 500 monks and nuns need your help.
WILL YOU JOIN US IN OUR "PLEDGE TO REBUILD" CAMPAIGN?
By making a small donation each month over an extended period, everyone can get involved!
If 7,000 people donate ONE DOLLAR A DAY – less than the cost of one cup of coffee – for two to three years, we can meet our goal.
Your contribution can make all the difference!
Please visit www.shedrubfund.org to become a monthly supporter or to make a one time donation.
For further information and inquiries contact reconstruct@shedrubfund.org
Follow us on Facebook at facebook.com/shedrubdevelopmentfund



The main building of the Ka-Nying Shedrub Ling Monastery has been severely damaged in Nepal's recent disastrous earthquakes on 25th April 2015.



Rangjung Yeshe Institute has been provided with a temporary space to run the class on the second floor of the new building.

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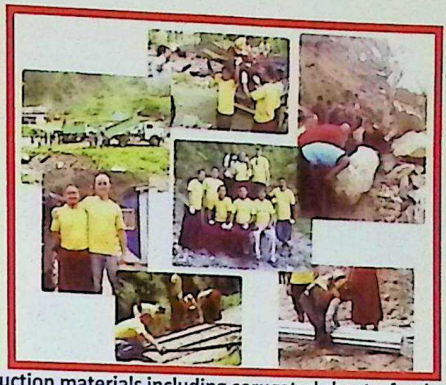

Monastery Volunteers, stepped up to pack construction materials including corugated sheets, foods and medicines for worst affected districts.

Within days of April 25th of Disastrous Earthquake Monks and Guru Chokyi Nyima Rinpoche from Ka-Nying Shedrup Ling Monastery and Volunteers from Rangjung Yeshe Shenpen (A Social Work Organization) got engaged in the relief work to help those in need.

An appeal to our Dharma Devotees

The Ka-Nying Shedrub Ling Monastery - renowned center for the study and practice of the Buddha's teachings and spiritual home to thousands of local and international students, was severely damaged in Nepal's recent disastrous earthquakes on 25th April 2015.

Over 500 monks and nuns need your help now to rebuild the Monastery.

We hope you will join us in our pledge to rebuild our Sanctuary.

Our request goes to everyone who can make a small donation each month for an extended period. Please visit **www.shedrubfund.org** to become a monthly supporter or to make a one time donation. For further information please contact: reconstruct@shedrubfund.org

Late Former Prime Minister Sushil Koirala at Seto Gumba - Boudha with Gurus of Mahayana Theravada and Bajrayana traditions during puza ceremony held in memory of those killed in Earthquake April 2015

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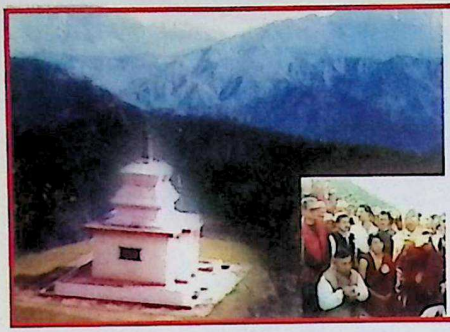
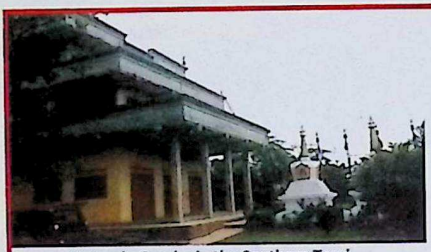
Sirubari Gumba in the Northern Mountain



Sirubari World Peace Pagoda known as Sirubari Gumba in Nuwakot District, Chaturale, Bagmati Zone was inaugurated by the Late Ganesh Man Singh - 1948 B.S. at the presence of Monk Krishna Man, and Mr. Sozan Umehara, the Japanese donor for Stupa construction.

Sirubari Gumba and its 30 ropanees of land has been offered to the Ka-Nying Sherup Ling Monastery Organisation and Development Trust as a gift by Ugyen Sherab Monk Krishna Man a resident monk of Ka-Nying Shedrub Ling Monastery.

Hetauda Gumba in the Southern Terai



Hetauda Gumba in the Southern Terai

This Gumba known as Dharmachakra Maha Karuni Buddha Madir, founded by Palzor Lama located in the Hetunda Makwanpur District, Narayani Zone has become a part of Ka-Nying Shedrub Ling Monastery Organisation and Development Trust.

Shedrub Mandala Activities

CHÖKYI NYIMA RINPOCHE'S ONLINE HOME
www.shedrub.org

KA-NYING SHEDRUB LING MONASTERY
And affiliated monasteries and nunneries
www.MonksAndNuns.org

RANGJUNG YESHE INSTITUTE
An international degree-granting institute affiliated with Kathmandu University
www.ryi.org

RANGJUNG YESHE GOMDE
International centers for Buddhist studies and meditation
www.gomde.org

RANGJUNG YESHE SHENPEN
A social welfare organization that helps the poor and disadvantaged in Nepal
www.ShenpenNepal.org

DHARMASUN
Tibetan Buddhist teachings and practice programs online
• Saturday Talks • Tara's Triple Excellence
www.DharmaSun.org

DHARMACHAKRA TRANSLATION COMMITTEE
Classical Buddhist literature available to modern readers in their native languages
www.dharmachakra.net

RANGJUNG YESHE PUBLICATIONS
Authentic Buddhist literature and commentaries
www.rangjung.com

MONLAM
Donations and sponsorship of pujas and prayers
www.monlam.org

SHEDRUB DEVELOPMENT FUND
Funding organization for monasteries, nunneries, retreat centers, education, and sustainable projects
www.ShedrubFund.org

Rangjung Yeshe Institute
P.O. Box 21277 - Kathmandu - Nepal
Tel: +977 1 491 5975
admin@ryi.org

Ka-Nying Shedrub Ling Monastery
PO Box 1200 - Kathmandu - Nepal
Tel: 977-1-4914993
office@shedrub.org

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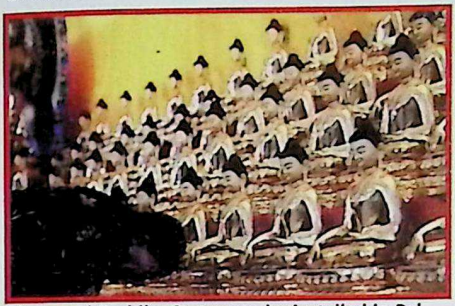
Lumbini

In order to provide an inspiring place of worship for the cause of World Peace and well being of all humanity, The Thousand Buddha Temple (Pal Thupten Shedrub Ling Monastery) is being established in Lumbini envisioned by Tulku Urgyen Rinpoche as one of his last wishes.



Thousand Buddha Statues to be installed in Pal Thubten Shedrub Ling Monastery - Lumbini

Ongoing Construction of the Thousand Buddha Temple in Lumbini - Mahayana Monastic Zone Plot Code WB - 1

Tri Kal Buddhas - Past, Present, Future to be installed in Pal Thubten Shedrub Ling Monastery - Lumbini

Life size eight Bodhisattvas to be installed in the Thousand Buddha Temple

An appeal to our benefactors

Supporters are continuing to sponsor the 1000 golden Skakyamuni statues. We invite you all to get involved with supporting this Lumbini Project please visit Shedurb org for details.

Those wishing to invest in the spiritual advancement of all beings by offering financial support are requested to contact the following address.

Bank Details
Pal Thubten Shedrub Ling Monastery
Nabil Bank Ltd. Jorpati-6, Kathmandu
Account No. 0210017504505
SWIFT Code (BIC) NARBNPKA

As this booklet contains the texts of Dhamma activities we request that it be treated with respect. This booklet is designed and prepared as an offering to the Ka-Nying Shedup Ling Monastery - Boudha Phulbari Kathmandu. Your generous forgiveness is requested for any mistake made in this booklet and any constructive suggestion is invited for the next issue of this booklet

monkkrishnamanm@gmail.com

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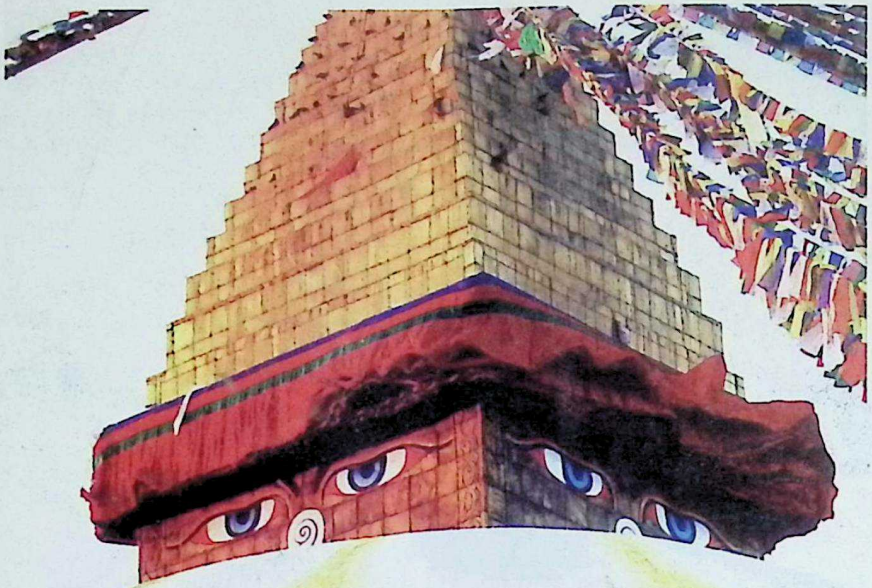

The Great Stupa of Boudhanath

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